

ASAP Assignment Overview for Placement Agencies



There are 24 total ASAP assignments to complete not including the polygraph and any special assignments a youth may need. When a resident takes and passes a polygraph a sexual life history staffing will be set up with the youth and their parent/guardian. When a youth reaches the 3rd stage and completes the empathy portion of that stage an apology staffing will be scheduled with the youth and the victim (only if victim has been through counseling and are ready) OHI needs to speak to that counselor to ensure the apology will not be detrimental to victim. When a youth reaches his 3-6 pre-offense cycle is when to start making referrals if a youth is not returning back home. If the youth is returning home, at least 3 home visits will need to be completed. Home visits start when the youth is on the 3-9 assignment.. Stage 2 has 10 assignments as does stage 3. Stage 4 has 4 assignments.



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ASAP Assignments

STAGE TWO: ACCOUNTABILITY

- 2-1 **Genogram** – Family relationships, dysfunctions and addictions.
- 2-2 **Sexual Terminology** – Basic terminology of sexual disorders.
- 2-3 **Sexual Life History** – Pornography history including magazines, video, tapes and internet use.
- 2-4 **Sexual Anatomy and Diagramming** – So they can describe abuse appropriately and with detail.
- 2-5 **Sexual Life History** – Observed sex acts and how they learned about sexual intercourse and other acts.
- 2-6 **Telling – How Do I Explain?** – Understanding and overcoming their denial.
- 2-7 **Victims** – Their physical, emotional and sexual abuse.
- 2-8 **Sexual Life History** – Masturbation – When they started, how they learned, frequency, pornography used and other details.
- 2-9 **Abuse Control, Fantasies, And What To Do** – Learning thought stopping techniques and changing inappropriate fantasies.
- 2-10 **Sexual Life History** – Sexual Perpetration's – Complete and detailed admissions of all their past sexual perpetration's and victims.

STAGE THREE: SEXUAL SAFETY

- 3-1 **Why Did I Sex Offend?** – Understanding how their behaviors and thinking contributed to their distorted thinking and perpetrations.
- 3-2 **Victim Empathy History-** Detailed description of how resident's hurt victims and the lasting effects of the abuse on the victims.
- 3-3 **Empathy-** Looking at the affects their abuse had on their victims, understanding how they may feel now.
- 3-4 **Apology Letter-Writing** apology letters to victim(s), doing apology video and getting ready for face to face apology with victim(s).
- 3-5 **Grooming Behaviors** – Methods they used to groom or prepare their victims prior to perpetrating on them.
- 3-6 **Recognizing My Pre-Offense Pattern** –What behaviors and denials led them to distorted thinking.
- 3-7 **Thinking Errors** – Understanding how they rationalized, distorted and justified the abuse they put their victims through.
- 3-8 **Understanding My Offense Pattern-** Looking at events and situations in their lives that may have contributed to the abuse.
- 3-9 **Relapse Prevention Plan** – Understanding their cycle of abuse in detail from beginning to end.
- 3-10 **Thinking Errors – The Sequel** – A more comprehensive and detailed look at their thinking before, during, and after the offenses.

STAGE FOUR: RESOCIALIZATION

- 4-1 **Healthy and Unhealthy Communication Patterns** – Teaching appropriate verbal and non-verbal communication skills.
- 4-2 **Choices, Choices, Choices** – Learning how to problem solve and make good choices in the future.
- 4-3 **Taking Charge and Appropriate Relationships** – How to be more assertive, take positive control and develop appropriate relationships.
- 4-4 **Choices and Consequences** – Looking at how all our choices in life can affect others and ourselves.